

Seeds

LIBRARY CAFE

Local food and drink overlooking Boulder Creek

1001 Arapahoe Ave, Boulder, CO 80301 // 720.884.6372
seedsboulder.com

COFFEE BAR

Silver Canyon Coffee, roasted in Boulder CO

COFFEE	8 oz	12oz	16oz	NOT COFFEE	8 oz	12oz	16oz
Espresso (2 oz)	2.75	—	—	Tea	—	2.25	2.75
Brewed Coffee	1.75	2.25	2.75	Cambric	—	3.00	3.50
Florentine	3.50	3.75	4.00	Chai	2.75	3.25	3.75
Cafe au Lait	2.25	2.75	3.00	Hot Chocolate	2.50	3.00	3.50
Americano	3.00	3.00	3.00	Steamer	1.50	2.00	2.50
Cappuccino	3.50	—	—	Warm Cider	1.75	2.25	2.75
Latte	3.50	3.75	4.00	Matcha Latte	3.75	4.25	4.75
Mocha	3.75	4.25	4.75	Specials	3.50	3.75	4.00
French Press	—	3.25	—	(Rotates Seasonally)			
Cortado (4 oz)	2.75			Basil Latte, Unicorn Latte, Honey Lavendar			
COLD DRINKS				Extras			
Most drinks are available cold				Extra shot of espresso	.75	—	—
Shakerato	3.75	—	—	Syrup	.50	.50	.50
Cold Brew Coffee	—	3.00	3.50	Alternative milks	.25	.25	.50

SALADS

Made fresh to order w/ housemade dressing

Nasturtium Salad	8
nasturtium vinaigrette + leaves, local greens, carrots, pickled onions, chevre	
Beet and Quinoa	9
roasted beets, quinoa, radish, shaved beets, balsamic vinaigrette, ash rind brie	

SAMMIES

on housemade focaccia bread or gluten free

Pork Panini	8
roasted pork loin, turnip coulis, radishes, carrots, caramelized onions, cheddar	
Veggie Panini	7
anasazi bean spread, roasted mushrooms, leeks, parsnips, turnip coulis	
Chicken Pesto	8
roasted chicken breast, arugula pesto, mayo, cabbage slaw, goat cheese	
Grilled Cheese	4
whole wheat bread, haystack mountain buttercup cheese	

SEASONAL SOUPS

with homemade focaccia bread or corn chips

Farmer Vegetable w/ seasonal veggies	
Parsnip Puree	CUP 3 BOWL 6
parsnips, onions, leeks, potatoes	

SPECIALS

Chile Relleno Burrito	6
flour tortilla, chile stuffed w/mozzarella, refried beans	
Potato Salad	4
local potatoes, onions, leeks, veganaise, sprouts, pickled onions	
Farmer Nachos	9
corn tortilla chips, seasonal veggies, cheddar, chevre, mild salsa, crema	

BREAKFAST

French Toast	8
house made bread, honey whipped butter, maple syrup, preserves	
Local Bagel	3.50
house made bread, honey whipped butter, maple syrup, preserves	
Mushroom Frittata	8
eggs, hazeldell mushrooms, arugula pesto, beet coulis, side salad	

Sides

Side Salad	3
Chips + Salsa	3
Apple Sauce	2
Add Protein	2

Pastries and treats

Daily selection of pastries made in house
Gluten free and vegan options
Colorado sources snacks and goodies
Prices vary