

Seeds

LIBRARY CAFE



COFFEE BAR

Silver Canyon Coffee, roasted in Boulder, CO

HOT DRINKS	8 oz	12oz	16oz	SPECIALTY	8 oz	12oz	16oz
Brewed Coffee	—	2.00	2.50	Mocha	3.50	4.00	4.50
French Press	—	3.25	—	Hot Chocolate	2.50	3.00	3.50
Espresso double	2.50	—	—	Tea	—	2.25	2.75
Americano any size	2.75	—	—	Chai	—	3.25	3.75
Cappuccino	3.25	—	—	COLD DRINKS			
Latte	3.25	3.50	3.75	Cold Brew Coffee	—	2.75	3.25
Cambric	—	3.00	3.50	Shakerato	3.50	—	—

GREENS

Salads made fresh to order w/ housemade dressing

Beet Salad mizuna, arugula and goat cheese w/ honey vinaigrette	7.99
Roasted Winter Squash greens, onions, goat cheese and sunflower seeds w/ apple cider vinaigrette	8.99

SAMMIES

Served with chips or side salad

Butternut Squash and Goat Cheese on Foccacia sauteed onions	7.99
Veggie Quinoa Burger on an Egg Loaf Bun served with lettuce and tomato	8.99
Chicken Marinara Melt on Foccacia served with cheddar cheese and greens	9.99

Gluten-free roll available on request. Add \$1.50.

SEASONAL SOUPS

Made by Bridge House Community Table in Boulder, CO

Farmer Pick w/ seasonal veggies	CUP 2.99	BOWL 4.99
Sweet Potato + Ham	CUP 2.99	BOWL 4.99

FOR THE SPROUTS

Kids menu made to order w/ fruit

Say Cheese grilled cheese w/ goat cheese and tomatoes	3.99
Sunflower Sammie sunflower seed spread and apple butter	3.99
Seasonal Soup cup of soup w/ slice of bread	2.99
Blueberry Bites a blueberry mini muffin or miniscone	1.50

MORNING EATS

A selection of breakfast bites and pastries

Market Breakfast Burrito farm fresh eggs scrambled and wrapped w/ seasonal veggies	5.99		
Oh My Toast 10-grain bread toasted w/ choice of local honey or jam	2.99		
Cinnamon Rolls	2.99	Cookies	2.39
Muffins	2.39	Croissants	1.99
Scones	2.39	Quick Breads	2.99

*Our menu changes with the seasons.

1001 ARAPAHOE AVE., BOULDER, CO 80301 // 720.884.6372

seedsboulder.com

FOLLOW US FOR UPDATES

